



317 - Onion Ring, Breaded Gourmet 5/8"

Ct./Lb 12-16

Nutrition Facts

Serving Size 3 pieces (100g)
(3piece) Servings Per Container: 36

Amount Per Serving

Calories 160

% Daily Value*

| | |
|--------------------------------|-----|
| Total Fat 1 g | 1% |
| Saturated Fat 0 g | 0% |
| Trans Fat 0 g | |
| Cholesterol 0 mg | 0% |
| Sodium 530 mg | 23% |
| Potassium 91 mg | 2% |
| Total Carbohydrate 35 g | 13% |
| Dietary Fiber 1 g | 4% |
| Sugars 3 g | |
| Protein 4 g | |

| | | |
|-----------------|---|--------------|
| Vitamin A 0% | • | Vitamin C 0% |
| Calcium 19 mg | • | Iron 2 mg |
| Vitamin D 0 mcg | • | |

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

| | Calories: | 2,000 | 2,500 |
|---------------|-----------|---------|---------|
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Potassium | | 3,500mg | 3,500mg |
| Total Carbs. | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients

Onion, Wheat Flour, Water, Yellow Corn Flour, Modified Corn Starch, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Spice, Sugar, Yeast, Soybean Oil, Dextrose, Extractives of Turmeric, Paprika And Annatto (Color).

Case Specifications

| | | | |
|-------------------|----------------|--------------------------|--------------------------|
| GTIN | 10026846003170 | Case Gross Weight | 8.90 LB |
| UPC | | Case Net Weight | 8 LB |
| Pack Size | 4 / 2 LB | Case L,W,H | 16.13 IN, 12 IN, 7.38 IN |
| Shelf Life | 547 Days | Cube | 0.83 CF |
| Tie x High | 10 x 11 | | |

Preparation and Cooking

Deep fry frozen product at 350F for 2 minutes

Serving Suggestions

3 pieces

Packaging and Storage

Keep Frozen

Allergens

CONTAINS:
Milk or Milk Derivatives, Wheat or Wheat Derivatives

FREE FROM:
Crustaceans or Crustacean Derivatives, Eggs or Egg Derivatives, Fish or Fish Derivatives, Milk or Milk Derivatives, Molluscs or Mollusc Derivatives, Peanuts or Peanut Derivatives, Shellfish or Shellfish Derivatives, Soybeans or Soybean Derivatives, Treenuts or Treenut Derivatives