



# 149 - Macaroni & Cheese Bites, Battered

Ct/Lb 28-35

## Nutrition Facts

Serving Size 4 pieces (100g)  
(4piece) Servings Per Container: 81

### Amount Per Serving

**Calories 240**

### % Daily Value\*

<b>Total Fat</b> 9 g	12%
Saturated Fat 3 g	15%
Trans Fat 0 g	
<b>Cholesterol</b> 5 mg	2%
<b>Sodium</b> 810 mg	35%
<b>Potassium</b> 51 mg	2%
<b>Total Carbohydrate</b> 33 g	12%
Dietary Fiber 0 g	0%
Sugars 3 g	
<b>Protein</b> 5 g	

Vitamin A 0%	•	Vitamin C 0%
Calcium 19 mg	•	Iron 1 mg
Vitamin D 0 mcg	•	

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbs.		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

## Ingredients

Cooked Pasta [Water, Enriched Durum Semolina (Durum Semolina Wheat Flour Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid)], Cheddar Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes & Annatto (Color)], Anti-Caking Agent (Added To Prevent Caking), Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yellow Corn Flour, Water, Soybean Oil, Sugar, Salt, Dextrose, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Dried Whey, Maltodextrin, Corn Starch, Cream, Palm Oil, Salt, Natural Flavors, Corn Syrup Solids, Sodium Alginate, Sodium Caseinate, Yeast Extract, Cellulose Gum, Methylcellulose, Guar Gum, Dextrose, Xanthan Gum, Soy Lecithin, Paprika Extract, Turmeric Extract, Annatto Extract.

## Case Specifications

<b>GTIN</b>	10026846001497	<b>Case Gross Weight</b>	18.50 LB
<b>UPC</b>		<b>Case Net Weight</b>	18 LB
<b>Pack Size</b>	6 / 3 LB	<b>Case L,W,H</b>	18.13 IN, 9.25 IN, 5.81 IN
<b>Shelf Life</b>	547 Days	<b>Cube</b>	0.56 CF
<b>Tie x High</b>	10 x 9		

## Preparation and Cooking

**Bake:** Preheat oven to 450°F. Place frozen product in single layer on a sheet pan and bake for 5 ¼ minutes on each side.

**Convection:** Preheat oven to 450°F. Place frozen product in a single layer on a sheet pan bake for 4 ¼ minutes on each side.

**Deep Fry:** Deep fry frozen product at 350°F for 3 to 3 ½ minutes

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## Serving Suggestions

3 pieces

## Packaging and Storage

Keep Frozen

## Allergens

**CONTAINS:**  
Milk or Milk Derivatives, Soybeans or Soybean Derivatives, Wheat or Wheat Derivatives

**FREE FROM:**  
Crustaceans or Crustacean Derivatives, Eggs or Egg Derivatives, Fish or Fish Derivatives, Molluscs or Mollusc Derivatives, Peanuts or Peanut Derivatives, Shellfish or Shellfish Derivatives, Treenuts or Treenut Derivatives