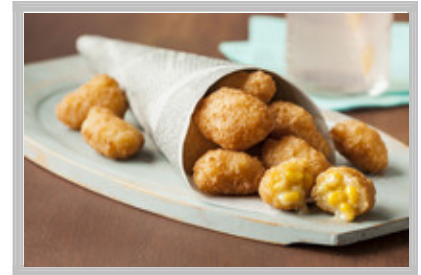




# 146 - Corn Nugget, Battered

Ct/Lb 30-35



## Nutrition Facts

Serving Size 7 pieces (100g)  
Servings Per Container: 54

### Amount Per Serving

**Calories 280**

		% Daily Value*
<b>Total Fat</b>	10 g	13%
Saturated Fat	1.5 g	8%
Trans Fat	0 g	
<b>Cholesterol</b>	0 mg	0%
<b>Sodium</b>	730 mg	32%
<b>Potassium</b>	14 mg	0%
<b>Total Carbohydrate</b>	45 g	16%
Dietary Fiber	2 g	7%
Sugars	16 g	
<b>Protein</b>	4 g	

Vitamin A	2%	•	Vitamin C
Calcium	36 mg	•	Iron 1 mg
Vitamin D	0 mcg	•	

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbs.		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

## Ingredients

Corn, Bleached Wheat Flour, Corn Starch, Yellow Corn Flour, Water, Soybean Oil, Modified Food Starch, Salt, Sugar, Dextrose, Margarine (Liquid Soybean Oil, Partially Hydrogenated Soybean Oil, Water, Salt, Lecithin, Mono And Diglycerides, Sodium Benzoate Added As a Preservative), Artificially Colored And Flavored, Vitamin a Palmitate Added), Potato Starch, Whey, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Sodium Alginate, Guar Gum, Nonfat Milk, Spices (Including Mustard), Extractives of Paprika, Annatto And Turmeric, Spice Extractive.

## Case Specifications

<b>GTIN</b>	10026846001466	<b>Case Gross Weight</b>	12.50 LB
<b>UPC</b>		<b>Case Net Weight</b>	12 LB
<b>Pack Size</b>	6 / 2 LB	<b>Case L,W,H</b>	15.31 IN, 9.50 IN, 6.63 IN
<b>Shelf Life</b>	547 Days	<b>Cube</b>	0.56 CF
<b>Tie x High</b>	12 x 12		

## Preparation and Cooking

**Bake:** Bake in 450°F oven for 12 to 15 minutes

**Deep Fry:** Deep fry frozen product at 350°F for 1 ½ to 2 minutes

## Serving Suggestions

6 pieces

## Packaging and Storage

Keep Frozen

## Allergens

**CONTAINS:**

Milk or Milk Derivatives, Soybeans or Soybean Derivatives, Wheat or Wheat Derivatives

**FREE FROM:**

Crustaceans or Crustacean Derivatives, Eggs or Egg Derivatives, Fish or Fish Derivatives, Molluscs or Mollusc Derivatives, Peanuts or Peanut Derivatives, Shellfish or Shellfish Derivatives, Treenuts or Treenut Derivatives