



122 - Onion Ring, Battered 1/4" Skinny

Ct./Lb 33-42



Nutrition Facts

Serving Size 8 pieces (100g)
Servings Per Container: 45

Amount Per Serving

Calories 160 **Calories from Fat 50**

% Daily Value*

Total Fat 6g	8%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 490mg	21%
Potassium 70mg	2%
Total Carbohydrate 25g	9%
Dietary Fiber 1g	4%
Sugars 3g	
Protein 2g	

Vitamin A 0%	•	Vitamin C
Calcium 19 mg	•	Iron 1 mg
Vitamin D 0mcg	•	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbs.		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients

Onion, Water, Wheat Flour, Yellow Corn Flour, Modified Corn Starch, Salt, Dextrose, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Mono Calcium Phosphate), Soybean Oil, Sugar, Spice, Whey, Extractives of Paprika.

Case Specifications

GTIN	10026846001220	Case Gross Weight	11 LB
UPC		Case Net Weight	10 LB
Pack Size	4 / 2.5LB	Case L,W,H	15.56 IN, 11.88 IN, 9 IN
Shelf Life	547 Days	Cube	0.96 CF
Tie x High	10 x 9		

Preparation and Cooking

Bake: Preheat oven to 450F, place frozen product in a single layer on a sheet pan and bake for 5 to 7 minutes on each side.

Deep Fry: Deep fry frozen product at 350F 2 minutes

Serving Suggestions

6 pieces

Packaging and Storage

Keep Frozen

Allergens

CONTAINS:
Milk or Milk Derivatives, Wheat or Wheat Derivatives

FREE FROM:
Crustaceans or Crustacean Derivatives, Eggs or Egg Derivatives, Fish or Fish Derivatives, Molluscs or Mollusc Derivatives, Peanuts or Peanut Derivatives, Shellfish or Shellfish Derivatives, Soybeans or Soybean Derivatives, Treenuts or Treenut Derivatives